







ANTALL LAND 2000-2018, SORTERT PÅ DEN ENKELTE LØPER (5 land eller flere pr 5. desember 2018)

Forkortelser:

 AIA = Anguilla (GBR)	 FRA = Frankrike	 NCL = Ny-Caledonia (FRA)
 ALB = Albania	 GBR = Storbritannia	 NED = Nederland
 AND = Andorra	 GEO = Georgia	 NOR = Norge
 ARG = Argentina	 GER = Tyskland	 NZL = New Zealand
 ARM = Armenia	 GBZ = Gibraltar (GBR)	 PAN = Panama
 AUS = Australia	 GRE = Hellas	 PER = Peru
 AUT = Østerrike	 GUA = Guatemala	 POL = Polen
 BEL = Belgia	 HON = Honduras	 POR = Portugal
 BIH = Bosnia og Hercegovina	 HUN = Ungarn	 ROU = Romania
 BLM = Saint-Barthélemy (FRA)	 IRN = Iran	 RUS = Russland
 BLR = Hviterussland	 IRL = Irland	 SGP = Singapore
 BLZ = Belize	 ISL = Island	 SKN = Saint Kitts og Nevis
 BRA = Brasil	 ITA = Italia	 SLO = Slovenia
 BUL = Bulgaria	 JAM = Jamaica	 SRB = Serbia *
 CAN = Kanada	 KAZ = Kasakhstan	 SUI = Sveits
 CAY = Caymanøyene (GBR)	 KEN = Kenya	 SVK = Slovakia
 CHN = Kina	 KGZ = Kirgisistan	 SWE = Sverige
 COL = Colombia	 LAT = Latvia	 SXM = Sint Maarten (NED)
 CRC = Costa Rica	 LIE = Liechtenstein	 TUN = Tunisia
 CRO = Kroatia	 LKA = Sri Lanka	 TUR = Tyrkia
 CSR = Tsjekkoslovakia	 LTU = Litauen	 TZA = Tanzania
 CYP = Kypros	 LUX = Luxembourg	 UKR = Ukraina
 CZE = Tsjekkia	 MAF = Saint-Martin (FRA)	 URY = Uruguay
 DEN = Danmark	 MAR = Marokko	 USA = USA
 ECU = Ecuador	 MDA = Moldova	 UZB = Usbekistan
 ESP = Spania	 MDV = Maldivene	 VAT = Vatikanstaten
 EST = Estland	 MKD = Makedonia	 VGB = De britiske Jomfruøyer (GBR)
 ETH = Etiopia	 MLT = Malta	 VUT = Vanuatu
 FIN = Finland	 MNE = Montenegro	
 FJI = Fiji	 MYA = Myanmar (Burma)	
	 NCA = Nicaragua	

*) Tidligere  SCG = Serbia og Montenegro),  YUG = (Rest)-Jugoslavia

Norge er inkludert i antall land. Antall starter i hvert land i parentes.

Noen land er delt opp i oversikten, men regnet som ett land. Det gjelder Storbritannia ( GBR-En for England,  GBR-Sc for Skottland,  GBR-Wa for Wales,  GBR-NI for Nord-Irland) og Tyrkia (TUR-As for asiatisk del, TUR-Eu for europeisk del)

**Rød landskode: Land vi vet løperen har løpt i før år 2000 som medlem av Hamar OK.
Her kan det være noen mangler.**

LIV FEIRING**48 LAND, 562 starter (50 land)**

AIA(1), ARM(2), AUT(3), BLM(1), BLZ(1), BUL(3), CAY(1), CHN(9), COL(2), CRC(5), CYP(3), DEN(5), ECU(1), ESP(6), ETH(1), FRA(2), GBR-En(2), GEO(4), GER(5), GUA(1), HON(1), HUN(6), ITA(23), JAM(1), KAZ(3), KEN(1), KGZ(3), LAT(1), LKA(2), MAF(1), MDV(2), MLT(1), MYA(1), NCA(2), NOR(366), PAN(2), POR(27), RUS(2), SKN(1), SLO(5), SUI(5), SWE(24), SXM(1), TUN(3), TUR-As(2), TUR-Eu(3), TZA(1), UZB(1), VGB(3)

CZE, USA

TERJE GUDBRANDSEN**44 LAND, 863 starter (46 land)**

ALB(1), AND(1), ARM(2), AUT(3), BEL(5), BIH(2), BLR(6), BUL(4), CRO(6), CZE(5), DEN(4), ESP(8), ESP-Af(1), EST(2), FIN(1), GBR-En(4), GBR-NI(1), GEO(4), GER(5), GBZ(1), GRE(3), HUN(27), FRA(4), IRL(2), IRN(1), ITA(9), LAT(2), LIE(1), LTU(2), LUX(2), MAR(1), MDA(1), MKD(4), NED(2), NOR(484), POL(2), POR(2), ROU(4), RUS(1), SCG(5), SLO(4), SRB(2), SUI(2), SVK(3), SWE(198), TUR-As(6), TUR-Eu(9), UKR(7), YUG(5)

CSR(14), KEN(1)

ESP-Af = Ceuta, spansk eksklave på det afrikanske kontinent. YUG, SCG og SRB er regnet som ett land.

ERIK GRØNDALEN**38 LAND, 463 starter (38 land)**

ARG(1), BEL(2), BLR(3), BLZ(1), BUL(3), BRA(5), CAY(1), CYP(1), DEN(2), ESP(2), EST(5), FJI(2), FRA(5), GER(5), GBR-Sc(12), GUA(1), HON(1), HUN(19), ITA(15), JAM(2), LTU(2), MNE(4), NCA(1), NCL(2), NED(4), NOR(251), NZL(6), PAN(2), PER(1), ROU(3), RUS(2), SGP(1), SLO(10), SUI(1), SWE(73), TUR-As(6), TUR-Eu(4), URY(1), VUT(1)

BENTE GRØNDALEN**30 LAND, 297 starter (30 land)**

ARG(1), BLZ(1), BRA(5), CAY(1), CYP(1), DEN(2), ESP(2), EST(5), FJI(2), FRA(5), GBR-En(2), GER(3), GUA(1), HON(1), HUN(2), ITA(23), JAM(2), NCA(1), NCL(2), NED(3), NOR(142), NZL(6), PAN(2), PER(1), RUS(2), SGP(1), SLO(5), SWE(71), URY(1), VUT(1)

INGER E VAMNES**23 LAND, 799 starter (23 land)**

AUS(16), AUT(9), BEL(7), BRA(5), CAN(9), DEN(13), EST(5), FIN(18), GER(5), GBR-En(15), GBR-NI(4), GBR-Sc(16), HUN(5), IRL(3), ITA(24), LIE(1), LTU(4), NED(1), NOR(491), NZL(10), POR(21), SUI(8), SWE(95), TUR-As(1), TUR-Eu(10), USA(1)

TROND FEIRING**21 LAND, 605 starter (23 land)**

AUT(3), BUL(3), COL(1), CRC(5), CYP(3), DEN(5), ECU(1), ESP(10), EST(5), FRA(5), GBR-En(2), GER(5), HUN(5), ITA(8), NCA(1), NOR(472), POR(27), SLO(5), SUI(5), SWE(29), TUR-As(2), TUR-Eu(3)

CZE, LAT

TROND IVAR TØMMERVOLD**19 LAND, 466 starter (20 land)**

BEL(3), BUL(3), CRO(5), CZE(4), DEN(7), ESP(4), FIN(1), FRA(5), HUN(33), ITA(5), LTU(2), NED(7), NOR(299), POL(1), POR(3), ROU(3), SVK(2), SWE(66), TUR-As(6), TUR-Eu(7)

SUI

IVAR VAMNES**17 LAND, 430 starter (17 land)**

AUS(16), AUT(6), BEL(6), CAN(9), GER(5), GBR-NI(3), GBR-Sc(12), FIN(17), HUN(5), IRL(3), ITA(10), LIE(1), LTU(4), NOR(253), NZL(3), POR(21), SUI(7), SWE(49)

HARALD VOLDEN**17 LAND, 298 starter (17 land)**

BEL(2), BUL(3), DEN(2), FIN(1), FRA(5), GBR-Sc(12), HUN(23), ITA(5), LTU(2), MNE(4), NED(4), NOR(177), POL(1), ROU(2), SVK(2), SWE(42), TUR-As(6), TUR-Eu(4)

ANDREAS HUBER**14 LAND, 148 starter (14 land)**

BLR(3), CZE(5), DEN(4), GBR-En(4), HUN(3), ITA(10), LAT(3), NED(2), NOR(90), SLO(4), SUI(7), SVK(2), SWE(8), TUR-As(4)

HARALD BREKKE**13 LAND, 517 starter (15 land)**

AUT(3), BEL(7), DEN(56), ESP(62), GER(5), GBZ(1), HUN(5), ITA(8), MAR(1), NOR(224), POR(27), SUI(5), SWE(113)

CZE, LAT

HELGE RYEN**13 LAND, 224 starter (13 land)**

BEL(1), BUL(3), CRO(5), DEN(2), ESP(4), HUN(26), LTU(2), NED(2), NOR(122), ROU(3), SVK(2), SWE(42), TUR-As(6), TUR-Eu(4)

FRODE HJORTH**12 LAND, 295 starter (12 land)**

BLR(3), DEN(5), GBR-Sc(12), HUN(9), LTU(2), MNE(4), NED(2), NOR(206), ROU(3), SVK(2), SWE(44), TUR-As(1), TUR-Eu(1)

KJERSTI RØNNING**12 LAND, 145 starter (12 land)**

CZE(5), ESP(2), GBR-En(2), HUN(2), ITA(13), LAT(3), NED(3), NOR(94), SLO(4), SUI(6), SWE(8), TUR-As(2), TUR-Eu(2)

STINE FROGNER TØMMERVOLD**12 LAND, 394 starter (12 land)**

CRO(5), CZE(4), DEN(4), ESP(4), FIN(2), FRA(5), HUN(1), ITA(3), NOR(299), POR(3), SWE(51), TUR-As(8)

MARITH BREKKE**11 LAND, 458 starter (12 land)**

AUT(3), BEL(7), DEN(56), ESP(59), GER(5), HUN(5), ITA(10), NOR(197), POR(26), SUI(5), SWE(90)

CZE

DAG LOFTHUS**11 LAND, 160 starter (11 land)**

CZE(3), DEN(6), GBR-Sc(3), FIN(2), FRA(5), GER(2), LAT(4 ski-o), NOR(120), SWE(10), UKR(4 ski-o), TUR-As(1)

ØYSTEIN MELBY**11 LAND, 192 starter (11 land)**

BUL(3), FIN(1), FRA(5), GBR-Sc(6), HUN(12), ITA(5), LTU(2), NOR(113), ROU(3), SWE(39), TUR-As(1), TUR-Eu(2)

SIMEN JEVNE ARNESEN**10 LAND, 450 starter (10 land)**

CZE(6), DEN(5), ESP(3), FIN(2), FRA(8), ITA(5), NOR(357), SUI(3), SWE(57), TUR-As(4)

ANNE KARIN ELISENBERG **10 LAND, 196 starter** (10 land)
ESP(3), FRA(4), GBR-En(2), HUN(2), ISL(3), ITA(14), NED(3), NOR(108), SWE(54), TUR-As(1), TUR-Eu(2)

EDVIN ELISENBERG **10 LAND, 129 starter** (10 land)
ESP(1), FRA(5), HUN(8), ITA(4), LTU(2), NED(2), NOR(51), ROU(2), SWE(48), TUR-As(2), TUR-Eu(4)

TORE JØRGENSEN **10 LAND, 51 starter** (10 land)
BLR(2), BUL(3), HUN(4), LTU(2), NED(2), NOR(24), ROU(2), SVK(2), SWE(5), TUR-As(2), TUR-Eu(3)

ERIK NEBY **10 LAND, 27 starter** (11 land)
BLR(2), BUL(2), HUN(8), LTU(2), NED(2), NOR(2), ROU(2), SVK(2), SWE(1), TUR-As(2), TUR-Eu(4)
FIN

ARNE ARNESEN **9 LAND, 373 starter** (9 land)
DEN(4), FIN(1), FRA(5), HUN(4), ITA(9), LTU(2), NOR(284), SVK(2), SWE(62)

KNUT FJÆSTAD **9 LAND, 203 starter** (13 land)
ESP(2), GER(5), HUN(6), ITA(5), LTU(3), NOR(168), POR(5), SUI(5), SWE(4)
AUT, CZE, LAT, USA

RANDI AAS FJÆSTAD **9 LAND, 196 starter** (14 land)
GER(5), HUN(5), ITA(5), LTU(3), NOR(161), NZL(3), POR(5), SUI(5), SWE(4)
AUT, CZE, DEN, RUS, USA

ANNE-GURI JEVNE **9 LAND, 272 starter** (9 land)
DEN(3), ESP(5), FRA(5), HUN(2), ITA(13), NED(3), NOR(175), SWE(58), TUR-As(2), TUR-Eu(2)

TORMOD LUNDBERG **9 LAND, 51 starter** (10 land)
AUT(3), DEN(3), ESP(2), GER(5), HUN(6), ITA(13), NOR(13), POR(5), SUI(5)
CZE

JOHANNES NARUM **9 LAND, 220 starter** (9 land)
AUS(2), CRO(5), DEN(6), ESP(3), FIN(2), ITA(5), NOR(164), SWE(26), TUR-As(7)

INGRID ROBØLE **9 LAND, 143 starter** (9 land)
AUS(1), CRO(5), ESP(2), FRA(1), GBR-En(2), ITA(10), NED(3), NOR(87), SWE(33)

HANS RUUD **9 LAND, 176 starter** (10 land)
AUT(4), ESP(1), FRA(5), HUN(5), ITA(4), NOR(144), POR(8), SUI(4), SWE(1)
CZE

INGER JOHANNE RUUD **9 LAND, 154 starter** (10 land)
AUT(4), ESP(1), FRA(5), HUN(4), ITA(4), NOR(118), POR(8), SUI(5), SWE(5)
CZE

MARIANNE FROGNER TØMMERVOLD 9 LAND, 33 starter (9 land)
CRO(2), CZE(1), ESP(1), FRA(1), HUN(2), NED(1), NOR(5), SWE(18), TUR-Eu(2)

OLE-JOHAN VANGEN 9 LAND, 234 starter (10 land)
AUT(3), DEN(47), ESP(2), GER(5), HUN(5), ITA(4), NOR(84), SUI(5), SWE(79)
LAT

MARI JEVNE ARNESEN 8 LAND, 305 starter (8 land)
DEN(9), FRA(8), GBR-Sc(3), ITA(5), NOR(227), POR(4), SUI(3), SWE(46)

SIRI HESTAD 8 LAND, 105 starter (8 land)
ESP(6), GER(5), HUN(6), NOR(62), POR(15), SLO(5), SUI(5), SWE(1)

TRYGVE HESTAD 8 LAND, 120 starter (8 land)
ESP(8), GER(5), HUN(6), NOR(71), POR(19), SLO(5), SUI(5), SWE(1)

VEGARD RØNNING HUBER 8 LAND, 140 starter (8 land)
DEN(2), FIN(2), GBR-En(4), ITA(5), NOR(98), SUI(6), SWE(16), TUR-As(7)

ANINE LOME 8 LAND, 396 starter (8 land)
CRO(1), DEN(3), GBR-Sc(3), ITA(10), NOR(301), SLO(4), SUI(8), SWE(66)

ØYFRID MOEN 8 LAND, 42 starter (8 land)
ESP(2), GBR-En(2), HUN(2), ITA(12), NED(3), NOR(21), SWE(5), TUR-As(1), TUR-Eu(2)

MARIANNE MYKLEBUST 8 LAND, 125 starter (8 land)
DEN(4), ESP(2), FRA(6), GBR-Wa(3), GBR-En(2), ITA(13), NED(2), NOR(55), SWE(39)

MAY JORUNN ROGNLIEN 8 LAND, 139 starter (8 land)
DEN(9), FRA(8), GBR-Sc(3), ITA(5), NOR(95), POR(4), SUI(3), SWE(46)

MARTE FROGNER TØMMERVOLD 8 LAND, 241 starter (8 land)
DEN(4), FRA(5), HUN(1), ITA(5), NOR(182), POR(2), SUI(6), SWE(35)

IVAR JEVNE ARNESEN 7 LAND, 455 starter (7 land)
DEN(8), FIN(2), FRA(5), GBR-En(4), ITA(5), NOR(368), SWE(64)

CLAIRE BANT 7 LAND, 24 starter (7 land)
ESP(2), GBR-En(2), ISL(3), ITA(4), NED(2), NOR(8), TUR-As(2), TUR-Eu(1)

LARS GRØNDALLEN 7 LAND, 312 starter (7 land)
CYP(1), DEN(3), FIN(1), FRA(5), ITA(5), NOR(236), SWE(61)

ODDNY GUDMUNDSOTTIR 7 LAND, 22 starter (7 land)
ESP(2), GBR-En(2), ISL(3), ITA(3), NED(3), NOR(6), TUR-As(2), TUR-Eu(1)

METTE MARIT JENSEN 7 LAND, 28 starter (7 land)
ESP(2), GBR-En(2), ISL(3), ITA(7), NED(2), NOR(9), TUR-As(2), TUR-Eu(1)

GUDBRAND LIEN 7 LAND, 179 starter (7 land)
AUS(1), CRO(5), FIN(2), FRA(5), ITA(5), NOR(116), SWE(44)

INGEBORG ELLEGAARD MELBY 7 LAND, 324 starter (7 land)
FIN(1), FRA(5), GBR-Sc(6), ITA(5), NOR(247), SWE(57), TUR-As(4)

JOHN MIKALSEN 7 LAND, 54 starter (7 land)
BEL(2), DEN(2), HUN(17), LTU(2), NED(2), NOR(26), TUR-As(1), TUR-Eu(2)

DORTE NARUM 7 LAND, 73 starter (7 land)
DEN(3), GBR-En(4), NOR(49), ROU(3), SUI(5), SWE(5), TUR-As(4)

EGIL RENOLEN 7 LAND, 74 starter (9 land)
AUT(3), HUN(5), LTU(3), NOR(52), POR(5), SUI(5), SWE(1)
CZE, LAT

HILDE TVEDT RYEN 7 LAND, 169 starter (7 land)
CRO(5), ESP(4), HUN(5), ITA(3), NOR(108), SWE(41), TUR-As(1), TUR-Eu(2)

NINA SØNDMØR 7 LAND, 118 starter (7 land)
ESP(2), GBR-En(2), HUN(2), ITA(13), NOR(75), SWE(20), TUR-As(2), TUR-Eu(2)

NORA HUI ANDERSEN 6 LAND, 312 starter (6 land)
DEN(3), FIN(1), ITA(5), NOR(266), SWE(33), TUR-As(4)

JØRGEN ELISENBERG 6 LAND, 236 starter (6 land)
FIN(2), FRA(6), ITA(6), NOR(173), SUI(5), SWE(44)

GRO ELLEGAARD 6 LAND, 201 starter (6 land)
FRA(5), GBR-Sc(6), HUN(2), ITA(7), NOR(134), SWE(47)

EINAR LOFTHUS 6 LAND, 78 starter (6 land)
DEN(2), ESP(4), GBR-En(1), LAT(3), NOR(57), SWE(11)

MONA LOME 6 LAND, 190 starter (6 land)
CRO(3), ESP(1), FRA(4), ITA(9), NOR(124), SWE(49)

TERJE MALM	6 LAND, 311 starter	(6 land)
DEN(5), GBR-Sc(12), ITA(7), MNE(4), NOR(254), SWE(30)		
MARI OVIDIA RANESTAD	6 LAND, 147 starter	(6 land)
DEN(2), FRA(6), GBR-Wa(3), ITA(5), NOR(96), SWE(35)		
VEGARD RANESTAD	6 LAND, 204 starter	(6 land)
DEN(4), FRA(6), GBR-Wa(3), ITA(4), NOR(144), SWE(43)		
OLE CHRISTIAN SJØLIE	6 LAND, 56 starter	(8 land)
AUT(3), DEN(6), ESP(2), ITA(3), NOR(21), SWE(21)		
CZE, LAT		
HENNING WERNØE	6 LAND, 213 starter	(6 land)
DEN(3), FIN(1), GBR-En(2), GER(1), NOR(195), SWE(11)		
OLE CHRISTIAN BANG	5 LAND, 98 starter	(5 land)
BLR(3), NED (2), NOR(79), SVK(2), SWE(12)		
SIGRID BJØRGEN	5 LAND, 83 starter	(5 land)
DEN(3), GBR-En(4), NOR(64), SWE(8), TUR-As(4)		
TOM-ERIK BROHAUG	5 LAND, 40 starter	(10 land)
ESP(2), HUN(12), NED(2), NOR(22), TUR-As(1), TUR-Eu(1)		
AUT, CSR, DEN, LAT, SUI		
EVEN LINDSTAD BØRRESEN	5 LAND, 104 starter	(5 land)
DEN(3), FIN(1), GBR-En(4), NOR(83), SWE(13)		
MARI ELISENBERG	5 LAND, 164 starter	(5 land)
DEN(3), FRA(5), ITA(1), NOR(126), SWE(29)		
FRODE HAUG	5 LAND, 128 starter	(5 land)
GBR-Sc(6), HUN(5), ITA(5), NOR(96), SWE(16)		
MARI ROBØLE LIEN	5 LAND, 175 starter	(5 land)
CRO(5), FRA(5), ITA(5), NOR(121), SWE(39)		
KAMILLA LOME	5 LAND, 309 starter	(5 land)
CRO(5), FRA(3), ITA(10), NOR(229), SWE(62)		
EINAR LUND	5 LAND, 235 starter	(5 land)
DEN(1), GBR-Sc(12), MNE(4), NOR(199), SWE(16)		
NJAAL ELLEGAARD MELBY	5 LAND, 235 starter	(5 land)
FRA(5), GBR-Sc(6), NOR(192), SWE(10)		

SVERRE BANG STØENG

5 LAND, 205 starter (5 land)

DEN(3), FIN(2), GBR-En(4), NOR(175), SWE(21)

JAN OLAV TUTERUD

5 LAND, 82 starter (5 land)

HUN(6), NOR(56), ROU(2), SWE(12), TUR-As(2), TUR-Eu(4)

5 eller flere land inkludert tiden før 2000: (Det kan være flere!!)

EDGAR MYRVOLD

4 LAND, 126 starter (7 land)

AUT(3), LTU(3), NOR(114), SWE(6)

CZE, DEN, ESP